

1. **Detailed curriculum vitae:** Michael C. Heller, Doctor in Psychology and Psychotherapist



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Status : *married*

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Born in Paris in 1949 as USA citizen. Swiss citizen residing in Switzerland.

**Schools :**

1969. Swiss Federal Matura, classical studies (Latin).  
1961-1969. Ecole Nouvelle de Suisse Romande, Chailly, Lausanne (Switzerland)  
1960. Summerfields School, Oxford (England).  
1954-1959. Various schools in Paris (France).

**University Studies :**

1992. *Postural Dynamics and Social Status*. The Ph.D. dissertation was presented at the Faculty of Psychology of Duisburg, Germany. The dissertation is directed by Professor Siegfried Frey and Professor Andr  Haynal. Following the German procedure, with the presentation of the dissertation, I also passed an oral exam on epistemology from Plato to Husserl (directed by Professor Guirnt), and an oral exam on the physiology of emotions (directed by Professor Haynal). The dissertation was accepted with a "Summa Cum Lauda".  
1988.12.19. FACS training certificate from Paul Ekman and Wallace Friesen.  
1976 - 1990. Preparation of my doctoral thesis under the direction of Professor Doise. Among the members of the jury there was Andr  Bullinger and Mario von Cranach. Post-doc seminars in experimental social psychology directed by Professors Doise and Mugny.

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1976-1984. As a doctoral student I studied at the Psychology Faculty of Bern: Siegfried Frey. These visits implied learning how to use 'Time Series Notation'. This method is focused on the analysis of gesture.

1976-1984. Preparing a Ph.D. on 'Postural dynamics and Social Status' with Professor Doise.

1976. Diploma in genetic (developmental) and experimental psychology, at the Faculty of psychology and educational sciences (FPSE), University of Geneva, with a specialization in social psychology, department of Professor Willem Doise. Written dissertation replicating Jean Piaget's 1976 research on *The grasp of consciousness: action and concept in the young child*. Title of the dissertation: *La marche à quatre pattes (walking on all fours)*.

1969-1975. License in genetic (developmental) and experimental psychology, at the Faculty of psychology and educational sciences (FPSE), University of Geneva. The equivalence to a Master was obtained at the FPSE in 2010.

### **Psychotherapy Training :**

2021.02.06. *Intervision on body-mind approaches* at the UPSO of the Le Noirmont Clinic (Theory and practice of body mind approaches with our psychosomatic patients) with Elsbeth Kaelin (Master of Sport et SBall therapist) and Vanessa Di Nuzzo Stauffer (Physiotherapist and Yoga therapist). 2h30.

2019. Group supervision in psychodrama with Mme Catherine Krähenbühl, à Le Noirmont Clinique. 2 hours.

2004-2006, Lausanne. *Individual supervision* with Kaj Noschis. 23 Hours.

1995-2002, Lausanne. *Individual supervision* with Marulla Hauswirth. 37 Hours.

1995-1998, Lausanne. *Individual psychotherapy sessions* in Bio-energetic Analysis with Jean-Marie Goël (184 sessions)

1989-1990, Offenburg (Germany). Post training with Gerda Boyesen in '*deep draining*' (a method of deep massage which allows one to work on the psycho-postural patterns of a patient).

1983. *Diploma in Biodynamic Psychology and in Psycho-Organic Analysis* (then called psycho-dynamic analysis). This second school was created by Paul Boyesen, with the aim of building a bridge between body psychotherapy and psycho-analytic work.

1979 . Certified psychotherapist in *Biodynamic Psychology*.

1978-1983. Courses in Psycho-Organic Analysis with *Paul Boyesen*.

1976-1979, Geneva. *Training in Biodynamic psychotherapy* organized by Gerda Boyesen.

1973—1975, Geneva. Body psychotherapy workshops. The rhythm was of 9 week-ends par an. With Tribu, then with Gerda Boyesen.

1971-1974, Geneva. *Psychotherapy sessions* of psychodynamic orientation with Georges Dubal (250 sessions).

### **Career in psychotherapy:**

2018 – now. Psychotherapist and supervisor in Lausanne

2018.03.01 – 2021.06.30 *Assistant Psychologist* of the psychosomatic readaptation team of The Le Noirmont Clinic in the Jura, Switzerland (60%)

2-6.2021. 7 courses of 1 hour on Theory and practice on approaches using body-mind methods with psychosomatic patients, given at the UPSO of the Le Noirmont Clinic.

2016 - now Member of the EABP Think Tank

2009-2018, Lausanne. Psychotherapist in collaboration with Doctor Nicole Clerc (psychiatrist), with the possibility of delegated psychotherapy.

2018.06.01 Confirmation of the EABP Certificate of Accreditation.

2014 - 2017 Regular *supervision of a pluridisciplinary group of the psychosomatic section* directed by Doctor Duc Lê Quang, at the Noirmont Clinic (Jura, Switzerland). 14 sessions of 3 hours.

2017.7.2-8. Groupe Z, *meeting of the main trainers of the Biodynamic Psychology School of Montpellier*. Christiane and François Lewin (founders of the school), Michelle Quoilin, Rubens Kignel, Silvia Wieland, Ebba Boyesen, Clover Southwell, Menno de Lange, Roger Tellenbach and Michel Heller.

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2013.04.03. Confirmation by the Swiss Federal State of my capacity to practice as a psychologist specialized in psychotherapy.

2010.11.1. Honorary member of the European Association of Body Psychotherapy (EABP), « for his significant contribution to body psychotherapy in general».

2004- 2015. Team supervision of specialized educators for children and adolescents at the Foyer du Servan, Fondation Belley. These monthly supervision sessions were mainly based on video-analysis, systemic and psychodynamic tools, and institutional analysis.

13.5.2000. Organizing with Professor Nicolas Duruz and Marulla Hauswirth a day of continuous training for the Faculty of Psychology of the University of Lausanne. Theme : *Corps et Processus Psychothérapeutique (Body and psychotherapy process).* The main speakers were the organizers and George Downing. Numerous workshops provided practical examples.

1999-2009, Lausanne. Private practice of psychotherapy in Lausanne.

29.9.1995. Recognized as *psychologist and psychotherapist* by the Swiss Federation of Psychologists.

1989. Authorization from the "Département de l'Intérieur et de la Santé Publique du Canton de Vaud" to practice psychotherapy in the Canton de Vaud (capital: Lausanne).

1988. Supervisor for the Gerda Boyesen International Institut.

1987-1989, Munich (Germany). Monthly groups of supervision for Biodynamic Psychology and Psycho-Organic Analysis schools in München, Germany.

1986-1999. Psychologist and psychotherapist (40%) in the homeopathic medical practice of doctors Ingo Schneider, Nicole Reinhardt and Dominique Probst-Lausanne. Collaboration with François Fleury (Ethno-therapy) and Marguerite Burlet (physical therapy and the Meziere technique).

1984-1990. Trainer in Europe (Switzerland, Germany, Austria, France, and England) for the schools of Biodynamic Psychology and Psycho-Organic Analysis.

1999-2009: Full time Psychotherapy practice at Rue du Maupas 12, In Lausanne.

1980-1987. Psychotherapist and co-founder of the Geneva Centre of Biodynamic psychology, Chêne-Bourg; with Caroline Mercier, Alain Ringger and Françoise Werner-Enckell.

1976. First clients seen for body psychotherapy.

#### **Academic Career**

2010.03. Member of the Jury for the thesis (455) of Stéphane With: *Structural analysis of temporal patterns of facial actions: measurement and implications for the study of emotion perception through facial expressions.* Direction: Susanne Kaiser.

2000-2001. Representing Switzerland in International Honorary Committee for the Margaret Mead 2001 Centennial. The centennial is organized by Mary Catherine Bateson, and the honorary chair of the International Committee is Professor Claude Lévi-Strauss.

1992-1995, Geneva. The LAC is funded by the Swiss National Funds for Scientific Research (Subside n. 32-33548 du Fonds National Suisse de la Recherche Scientifique-Neurologie, Psychiatrie). The project is a Contribution to the Observation of the Nonverbal Behavior of para-suicides and to the prediction of suicide reattempt risk ("Contribution à l'observation du comportement non verbal et à la prédiction du risque de récurrence suicidaire"), carried out by Marc Archinard, Michael Heller, and André Haynal.

1989-1998, Geneva. A 25% post as "Psychologue II" at the Psychiatric Department of the Geneva Medical Faculty. I now work 75% of the week at the L.A.C. Nominated executive psychologist at the I.U.P.G.

1987-1998, Geneva. Employed by the I.U.P.G.: "Institut Universitaire de Psychiatrie-Genève" (Geneva University Psychiatric Institutions). The I.U.P.G. has become the H.U.G: (Geneva University Hospital Psychiatric Department). Professor André Haynal wants me to create a laboratory in which nonverbal communication between psychiatrists and suicidal patients is analyzed using Ekman and Friesen's FACS method (Facial Action Coding System). The Laboratory is called the Laboratory of Affect and Communication" (L.A.C.). I worked there as a "Psychologue 1" 50%, then 75%. We mostly analyzed para-suicidal and depressive patients.

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##### **Professional Associations :**

2016 – today. Member of the *EABP Think Tank*. The aim is to propose a container theory for body psychotherapy. Chair: Lidy Evertsen.

2022.04.03. Zoom meeting with the EABP Ethics Committee. 3 hours.

2017.12.11. Present at the General Assembly of the AVP (the Vaudois Psychological Association).

2014-2016. Members of the *Broad Scientific Content Congress Committee of the 15th European Congress of EABP*, in Athens.

2012-2016. Co-chair of the EABP *Ethics Committee*, with Ilse Schmidt-Zimmermann.

2012-2016. Member of EABP board, representing the Ethics Committee.

2006-now. Member of the EABP *Ethics Committee*.

2003 -2006. Member of the Swiss Association of Body-mind psychotherapies.

1995-now. Member of the Swiss Association of Psychologists (FSP) as psychologist and psychotherapist. Member of the Association of Psychologists of the Vaud State (AVP). The two memberships are a required associated.

1989-now. Member of the Swiss EABP.

1987-now. Member of the European Association of Body Psychotherapy (EABP).

2003-1.10.2015. Member of the commission that decides which psychologists can become a psychotherapist in the Vaud State of Switzerland, for the Vaud Association of Psychologists (AVP).

2009-2010. Member of the scientific committee for the organization of the Vienne 2010 EABP congress.

2009-2010. Member of the EABP CCP to organize the Vienna 2010 congress. Chair: Dr. Elfriede Kastenberger. Membres: Dr Eva Wagner Margetich ; Dr. Regina Hochmair ; Christina Bader ; Bosse Ahrenfelt ; Odegaard, Bjorn ; Michael Heller.

2004-2006: Reserve member of the *EABP Ethics Committee*.

17.9.2001: I step down from the EABP board for health reasons.

2000-2002: EABP representative in the organizing committee of the 6th International Congress of Body Psychotherapy, in Ischia and Naples, Italy.

1999-2001 Reelected for two years at the Board of the EABP by the General Assembly. Nominated *Vice-President* by the Board.

1998-2005: Consultant for the Scientific Committee of the USABP.

1997-1999. Member of the Board of the European Association of Psychotherapy. I represent the EABP in the following EAP committees: the EWO (European wide associations) selection committee (chairman: Mony Elkaïm), and of the EAP Scientific committee (chairman : David Boadella), and of the Training Standards Committee.

1997-1999. Member of the team which organizes for the EABP a Congress on « The Flesh of the Soul », at Travemünde-Germany.

1996-2001. Member and chairman of the EABP scientific committee.

1995 -2001. Member of the EABP Board, to create a scientific policy for the EABP and a Journal.

1995-1997: Elected chairman of the EABP ethical committee.

1993-1997. Elected member of the EABP ethical committee.

1998-2001. Consultant for the USABP scientific committee of the United States Association of Body psychotherapy (USABP).

1989-2005. Member of the Swiss Association of Biodynamic Psychology (APSBP).

1984-1989. Member of the AFPB board.

1984. Founding member of the "l'Association Francophone de Psychologie Biodynamique (AFPB)". This is the French speaking Association of Biodynamic Psychology.

##### **Journals**

2010-now. Member of the editorial team of the *International Journal of Body Psychotherapy*, created by the EABP and the USABP, with Jacqueline Carleton as main editor.

2004-now. Associate editor of *Body, movement and dance in psychotherapy*, published by Routledge, Cambridge (GB).

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2010.10.29, Vienna. *USABP/EABP meeting for the organization of the IBPJ*, with J. Carleton, Lidy Evertsen, Jill van der Aa.

1999-2010. Member of the International Advisory Board of *Energy & Character*, Journal of the Biosynthesis School, created by David Boadella.

1994-1995. *Diagonales*, French Journal of body psychotherapy. Chief editor, and founding member with Yves and Jacqueline Brault & Michael Randolph. Only one number came out.

1984-1991: Main editor of *Adire*, Journal of Biodynamic Psychology for French speaking readers.

1984. Founding member of *Adire*, journal of the French speaking Association of Biodynamic psychology.

### **Continuous training**

2021.12.13. Certificate for a 3 \* 2 hour intervision with 5 psychotherapeutic colleagues, psychiatrists and psychologists. 6 hours.

2019.11.07. Training in psychosomatics. *Les liaisons dangereuses. La psychologie médicale à l'épreuve. Soigner les patients douloureux chroniques*. Organized by Docteur Duc Lê Quang, for the Psychosomatic Unit (UPSO) at the Clinique Le Noirmont, Switzerland. Main presenters: Stéphane Saillant, Marco Vannotti, Duc Lê Quang. 6 hours.

2018.11.08. Training in psychosomatics : AMBULO ERGO SUM, Les idées viennent en marchant. Présentateurs principaux : Michel Heller, Caterina Pesce, Stéphane Armand. for the Psychosomatic Unit (UPSO) at the Clinique Le Noirmont, Switzerland. 6 hours

2018.09.6-9. *Body Psychotherapy and Challenges of Today. Alienation – Vitality – Flow*. 16<sup>th</sup> European Congress for Body Psychotherapy. Organized by the EABP and the DGK, in the Free University of Berlin (D). 32 hours.

2017.11.02. *Soigner les patients douloureux chroniques*. Organized by Doctor Guillaume Perret, for the Psychosomatic Unit (UPSO) at the Clinique Le Noirmont, Switzerland. Main presenters : Marilia Aisenstein, Daniel Van Linthoud, Jean-Philippe Bassin. 4 hours.

2017.05. 25-28. XVth international meeting of the l'APPB (Association Professionnelle de Psychologie Biodynamique) : Les Thérapies Psycho-corporelles : Essence et développement. Domaine de La Baume, near Aix-en-Provence, May - 28 2017, 18 hour.

2017.03.14. *Rencontrer autrui : transfert, pouvoir et contrat*. Organized by Dr Ph. Delacrausaz et Mme M.-L. Desarzens for CHUV : Département de Psychiatrie, Commission de la formation continue. Presentations: Prof. Friedrich Stiefel, Dr Nicolas Bendrihen, Dre Elodie Boubilil, Dr Michael Saraga.

2016.11.03. *Soigner les cas complexes au quotidien [Taking care of complex cases]*. Organized by Doctor Duc Lê Quang for the Psychosomatic Unit (UPSO) at the Clinique Le Noirmont, Switzerland. Main presenters: Duc Lê Quang, Marco Vannotti, Selma Aybeck, and members of the Psychosomatic Unit. 4 hours

2016.10. 13-17. *The Embodied Self in a dis-embodied Society*. 15<sup>th</sup> EABP Congress, Titania Hotel, Athens. 17 hours.

2016.02.13. *En l'Honneur d'André Bullinger*. Organized by Ayala Borghini from the SUPEA. Lausanne University. 3 hours.

2015.11.05. *Etat des lieux des pratiques psychocorporelles en réadaptation psychosomatiques*. Clinique Le Noirmont, colloque organised by Dr. Duc Lê Quang, Jura Suisse. 4.30 of training.

2015.09.22. *Partages d'émotions*. Symposium for continuous training of the Departement of psychiatry of the CHUV. Cery hospital. Organized by Dr Philippe Delacrausaz. 3 hours, 4 credits.

2015.04.25. Alain Grosrichard et Khedidja Girardet discuss on « *Moment de crise : La crise de l'éducation et de la famille* », with François Ansermet comme moderator. Séminaires de l'ASREEP-NLS, organized by François Ansermet and Lise Schild-Paccaud. Lausanne, CHUV. 3 hours.

2014.09.11-15. EABP Congress in Lisbonne, ISTCE - Institut of Lisbon University, 30 hours.

2012.10.06. *Modèles en dialogue: Discussions cliniques croisées*. Antonino Ferro, Maggiorino Genta and René Roussillon, moderated by Nina de Spengler and Luc Michel.

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Swiss Society of Psychoanalysis, Centre de psychanalyse de la Suisse Romande, Centre de Psychanalyse de Lausanne. University of Lausanne. 5 hours.

2012.09.18. *The Science of Body Psychotherapy: From Research to Practice and from Practice to Research.* EABP Scientific Research Symposium, organized by the EABP Scientific Committee. Churchill College, Cambridge UK. 3 hours.

2012.09.14-17. *The Body in the World-The World in the Body.* 13<sup>th</sup> International EABP Congress of Body psychotherapy. Music Hall, Cambridge UK. 25 hours

2012.09.06. *Soi-même et les autres. Un bouquet pluridisciplinaire de perspectives sur l'identité, l'intersubjectivité, la rencontre et le devenir.* Symposium for the retirement of Pierre Bovet, organized by the Direction of the Department of Psychiatry of the CHUV, Lausanne. Interventions by Ellen Corin, Michel Cuénod, Josef Parnas, Françoise Dastur, Philippe Rochat, Michaël Saraga et Pierre Bovet. Lausanne, 6 hours.

2012.07.4-7. *Improving mental health and emotional wellbeing in Europe.* Congress organized by the European Association of Psychotherapy (EAP) and the Spanish Association of Psychotherapy (FEAP), in Valencia (Spain), Palazio De Congressos. 18 hours.

2012.06.30. *Identité et Passages.* Organized by the University Institute of Psychotherapy of the Department of Psychiatry of the Vaud State University Hospital (Institut Universitaire de Psychothérapie du DP-CHUV) in honor of Dr. Luc Michel by Professor Jean-Nicolas Despland. Cery Hospital, 1008 Prilly/Lausanne, Switzerland. SSPP : 4 hours.

2012.05.17-19. *Le corps, vecteur de conscience.* 14<sup>th</sup> colloque of Biodynamic psychology (APPB). Saint-Jean de Sixt (Fr), 18 heures.

2011.12.12-14. *Career Group, Jerzy J.W. Ullmann.* Biomedizin Naturwissenschaft Forschung (BNF), Université de Lausanne. 24 heures.

2011.12.1. Continuous training on psycho-oncology and ethic, organized by Dr. Jean Bauer for the Association romande pour la formation continue en oncologie médicale (FOROME). 6 crédits.

2011.11.19. Conference on Psychology for urgent situations [Colloque du Collège Romand en Psychologie d'Urgence (CRPU) 2011 : Corps et trauma : Du corps marqué au corps bouclier] [Body and Trauma : from the wounded body to the body as a shield]. The psychiatric hospital of Marsens, Fribourg, Switzerland. 8 hours.

2011.4.11. Michelle Moreau Ricaud. *Histoire de la psychanalyse [hystory of psychoanalysis].* L'institut psychanalytique de Berlin [The Berlin Psychoanalytic Institut]. Organized by the Nant Fondation, Secteur psychiatrique de l'Est Vaudois. 2 hours.

2010.9.18, Geneva. Seminar organized by the Swiss Society of psychoanalysis and the Centre of Psychanalyse Raymond de Saussure, given by Catherine Chabert : *The dreamer and the analyst.* 2 hours.

2010.10.29 – 11.1. *Body Mind Relationship.* 12<sup>th</sup> EABP congress in Vienna. 25 hours.

2009 – 2010, Lausanne. 5 seminars on the *Freud-Ferenczi correspondance,* organized by the Institut universitaire d'histoire de la médecine et de la santé. 10 hours.

2009.8-12. 5 sessions on clinical epistemology (*d'Atelier d'Épistémologie clinique*), with Professor Nicolas Duruz.

2008.11.25. *Psychiatrie de liaison et neuropsychiatrie (psychiatry and neuropsychiatry).* Symposium for continuous training organized by Professor Pierre Bovet for the Psychiatry Department of the University Hospital Center of Vaud (DP CHUV) and the Swiss Society of Consultation-Liaison Psychiatry. 4 hours.

2008.11.8-11. *Body Awareness: Where Body Psychotherapy, Neuroscience and Traditional Healing Meet.* Congress organized by François Lewin for the Scientific Committee for Body Psychotherapy (ISC) & The European Association of Body Psychotherapy, in Paris. 18 hours.

2008.6.12. *Body Psychotherapist Discussion Group of the Institute for Functional Analysis.* Organised by Will and Lilly Davis. Mas de La Capelle, France. With Bosse Arenfeldt & Per Harbitz. 6 hours.

2008.6.01. Post-training presentation by Beatrice Beebe on *Forms of intersubjectivity in infant research and adult treatment.* Fields: nonverbal communication and psychoanalysis. Organized by Karl Heinz Brisch, of the of the child-psychiatric clinic of Munich : Dr. von Haunersches Kinderspiatal kinderlinik. 4 hours.

2008.5.31. Post-training presentation by Beatrice Beebe on "*The origins of disorganized attachment*". Fields: nonverbal communication and children psychoanalysis. Organized by

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Karl Heinz Brisch, of the child-psychiatric clinic of Munich: Dr. von Haunersches Kinderspiatal kinderlinik. 7 hours.

2007.10.19-20. Seminar to honor *the 50<sup>th</sup> anniversary of Wilhelm Reich's death*, organized by Bjørn Blumenthal, Berit Heir Bunkan and Bjørn Skar Ødegaard, in the Institut of Psychology Harald Scheldrups of Oslo University. 12 hours.

2007.9.14-15. *Histoire de vie: des maux pour le dire. Traumatismes psychiques "banals"-stress-somatisations.* 6<sup>th</sup> congress of the Société de Médecine Psychosomatique et Psychosociale (SSMP). Centre Médical Universitaire of Geneva. Credit: 13 hours.

2007.4.19-20. *Sabina Spielrein.* Scientific meeting organized by Professor Nicolas Duruz and Kaj Noschis at the Faculty of social sciences and politic of Lausanne University: 10 hours.

2006.3.18. *Psychotherapy today: variety, research, training.* Organised by Professor François Ferrero, of the psychiatric department of the Geneva Faculty of Medicine. Credit: 6 hours.

2006.2.18. *Trauma et corps : quel impact ? (Trauma and body: what impact?)* Seminar for professional training in the psychology of urgency organized by the « debriefing network of the Vaud association of psychologists », organised by Carol Gachet. Yverdon. Credit: 3 hours.

2006.02.02. *Face aux comportements violents des adolescents : Quelle autorité ? Quelle thérapie ?* Seminar for professional training of professors Philippe Jeammet and Nicolas Duruz for the Lausanne university department of adult psychiatry (DUPA), and the center for family studies (CEF). Credit: 6 hours.

2005.6.10-12. The University College of Oslo, Norway. *The European Tradition meets the Norwegian Tradition of Body Work.* Presentations by Bjorn Blumenthal, Ebba Boyesen, Berit Heir Bunkan, Per Harbitz, Michael Coster Heller, Berit Ianssen, Cecilie Meisingseth Montarou.

2005.5.20-12, University College of London: Parent-Infant Research and Psychotherapy Conference, organized by The International Attachment Network & The Association for Infant Mental Health, UK. With presentations by Anne Alvarez, Beatrice Beebe, Elisabeth Fivaz-Depeusinge, Amanda Jones, Howard Steele.

2004.11.11-13, Zurich. George Downing's seminar on "Nonverbal process in therapeutical transference – theory and practical implications" (Nonverbale prozesse in der therapeutischen Beziehung – Theorie und praktische Implikationen). 9 hours.

2004.10.7 – 10. 9<sup>th</sup> European Congress of Body-Psychotherapy (EABP), Marathon, Greece: The body ate the Centre of Psychotherapy. 18 hours.

2004.9.10-11, Zurich. 2 day seminar by George Downing on the *videoanalysis of hyperactive children.* 10 hours.

2004.09.09: 2004.9.9, Lausanne. *Festschrift in honor of Elisabeth Fivaz-Depeursinge*, at the Lausanne University Psychiatric Hospiral Cery on "Interfaces entre intersubjectivité et attachement de la famille", with Daniel N. Stern, Karlen Lyons-Ruth, Nicolas Favez, Pierre Bovet and France Frascarolo. 6 hours.

2004.6.10-11: 10th meeting of the French Association for Training and Research in Cognitive and Behavior therapy (L'Association Francophone de Formation et de Recherche en Thérapie Comportementale et Cognitive): *Troubles de Personnalité et troubles émotionnels: la place du thérapeute.* Veyrier du Lac (France), 9 hours.

2004.3.25-27. Zurich. 2 day seminar by George Downing on the *videoanalysis of interactions with children.* 10 hours).

2004.3.23. Meeting organized by Elisabeth Fivaz-Depeursinge and Pierre Bovet at the Lausanne University Psychiatric Hospiral of Cery on the *video-analysis of mother child interactions* with the participation of Monica Hedenbro from Stockholm. 6 hours.

2003.9.29. Conference by Philippe Rochat at the University Departement of Adult Psychiatry, Lausanne: Embarras, regard de l'autre et co-conscience au début de la vie.

2003.9.26-29. Meeting organized by Elisabeth Fivaz-Depeursinge and Pierre Bovet at the Lausanne University Psychiatric Hospiral of Cery, University Departement of Adult Psychiatry, Lausanne, on *the analysis of mother child interaction* with the participation of E. Minkowski and P. Rochat. 12 hours.

2003.7.28-30. Workshop for professionals introducing the *Pesso-Boyden Method*, presented by Albert Pesso at the Ecole Biodynamique of Montpellier (France).

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2002.10.27-31. 6th International Congress of Body Psychotherapy, In Ischia and Naples, Italy. 18 hours.

2002.9.19-21, Zurich. Zurich. 3 day seminar by George Downing on the videoanalysis of interactions with children. 15 hours.

2002.5.17-20. A Vision of Unity. Biodynamic Psychology Congress, in Fribourg, Germany. 18 hours.

2002.3.19-23, Zurich. 5 day seminar by George Downing on the videoanalysis of interactions with children. 20 hours.

2002.01.22. Interactions with babies. Seminar with George Downing at the Psychiatric Department of Heidelberg University. 2 heures.

2001.10.5-7. Body experience and Expression of the Soul. Biosynthese, International Institute für Biosynthesen, Zurich. 6 heures.

2001.9.13-16. The Art of Healing: (8<sup>th</sup> EABP Congress) à Egmond Aan Zee, Hollande.

2000.11.16-18, Basel. Congress of the Swiss EABP. 10 hours.

2000.6, Berkeley, CA. The Art of Body Psychotherapy. Second National Conference Of The United States Association For Body Psychotherapy. 3 days.

1999.11.18-17, Zurich. 2 day seminar by George Downing on the videoanalysis of interactions with children. 10 hours.

1999.9.4. 7<sup>ème</sup> Congrès de l'EABP, à Travemünde – Allemagne. Thème : *le corps du psychothérapeute.*

1998.11.21-22. Du contre-transfert en psychothérapie analytique de relaxation. International congress in psychoanalytical psychotherapy by relaxation, at the Centre Psycho-social of La Chaux-de-Fonds (Suisse), organized by Dr Pierre Lang. 6 heures.

1998.11.21-22, La Chaux-de-Fonds — Switzerland. International congress in psychoanalytical psychotherapy by relaxation, (Colloque international en psychothérapie analytique de relaxation). 6 heures.

1998.6.24– 30, Boulder – USA. First National Conference Of The United States Association For Body Psychotherapy. 3 days.

1998.5, Washington D.C. 10<sup>th</sup> Annual Convention of The American Psychological Society. « Festschrift » of Paul Ekman. 6 hours.

1998. Active participation in the meetings organized by Maryvonne Gognalons-Nicolet in the psychiatric section of the University Hospital of Geneva (HUG) (colloques de recherche en psychiatrie).

1997.5.08—12, Vienna. EABP congress at Vienna-Austria, organized to commemorate *Wilhelm Reich's 100<sup>th</sup> birthday.* 4 days.

1996.8.5 – 9, Basel. "Culture - sign - space", VIIIth congress of German and Dutch Semiology, organised by the "Deutsche Gesellschaft für Semiotik". 3 days.

1-3.2.1996, Geneva. The Body in Psychotherapy. International congress organized by Professor J. Guimon for the Department of Psychiatry of the Geneva University Hospitals and the Medical Faculty of the University. Given in the International Conference Centre. 18 hours.

1994.12.5, Geneva, IUPG. Seminar of Professor N. Sartorius on « *sexualité des adolescents et sida* [adolescent sexuality and aids] ». 1.30 hour.

1994.10 – 1995.6. Seminars of professors Landis and Haynal at the IUPG: Neurological and Psychiatric symptoms.

1994.9.19—22, Geneva. 14th advanced course of the Jean Piaget Archives: The Social Genesis of Thought, Piaget / Vygotsky.

1994.7.27 – 31, Hamburg-Germany. Congress on the "Evolution of Psychotherapy". organized by the Milton H. Erickson Foundation. Eminent figures of the history of psychotherapy commented the evolution of psychotherapy (e.g. Beck, Hillman, Kernberg, Lowen, etc...) "Evolution of Psychotherapy". 4 days.

1993.10. EABP Congress, Strasbourg, France. 4 days.

1993—1994. Sessions of *Chi-Kong* with doctor Bao-Ping, organized by Fondation Ling, Lausanne.

1993.12. Visiting with Véronique Haynal the laboratories of professor John Gottman (2 days) at the psychological faculty of University of Washington in Seattle and of professor Paul Ekman (10 days) the psychological faculty of UCSF, in San Francisco. There we increased our knowledge on how to *analyze nonverbal behavior.*



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1992.3. Congress on "*Nonverbal Communication*", organized as part of an annual meeting on "The Biological Foundations of Human culture" at the Zentrum für Interdisziplinäre Forschung, University of Bielefeld - Germany.

1991.9. 3<sup>rd</sup> European Congress of Body-Psychotherapy, Lindau (Germany), 4 days.

1991.5. Congress of the German Speaking Association of Biodynamic Psychology, in Germany. 3 days.

1989.9. EABP congress at Seefeld-Austria. 4 days.

1988 – 1998. Seminar of Artificial Intelligence, created and animated by Professor André Haynal with professors Guy Cellérier and Daniel Stern, at the IUPG. These seminars occurred every two months. Other members were Günther Albers, Jean-Jacques Ducret, Oliver Real, Rolf Schäppi, and Richard Vuagniaux. During the last years of her life Bärbel Inhelder also came several times. From 1989 to end of 1998 I was organizing these meetings.

1988.12. With Véronique Haynal: Meeting in San Francisco with Paul Ekman and Wally Friesen and their team in their UXSF laboratory. Presenting the projects of the LAC and learning how to use FACS. 10 days.

1988.3. 3rd European Conference on Facial expression-measurement and meaning, organized by Wulf Schiefelhovel and Heiner Ellgring (Max, Planck, Seewiesen and München), Ringberg Castle- Germany.

1988.5. Congress of the French Speaking Association of Biodynamic Psychology, at Poitiers-France. 3 days.

1986.5. Congress of the French Speaking Association of Biodynamic Psychology, Château Cornu—France. 3 days.

1985.11.07 : Séminaire sur la communication non verbale : aspects théoriques. Organisation scientifique : Prof. J. Cosnier et Prof. W. Pasini. Rvery 15 days, 2 hours, 10 times. IUPG (University Psychiatric Institutions of Geneva. 20 hours.

1984.5. Congress of the French Speaking Association of Biodynamic Psychology, Gargas—France. 3 days.

1983.5. Part of the organization of a workshop organized by Siegfried Frey on "*Unexplored dimensions of Human Communication*", at the Maison des Sciences de l'Homme, Paris-France.

1982.5.4-6. Part of the organization of the congress organized by French speaking therapists in Biodynamic Psychology at Montailleurs-France.

1981.9. 1st European Conference organized by Paul Ekman and Wallace Friesen at the Maison des Sciences de l'Homme, à Paris—France: Facial expression-measurement and meaning,

1979.9. Congress: "*Methods of Research in Nonverbal Communication*" organized par Paul Ekman & Klaus Scherer for the NATO Advanced Study Institute, in London-England. 3 days.

## **Presentations**

### **Courses and training**

- 1) 2019.03.1-3, Paris : *Les exercices de la méduse (Jellyfish exercises)*. Spécialisation for the Ecole de Psychologie Biodynamique (Montpellier - Lyon - Paris), 18 hours.
- 2) 2018.12.07-09 *Ombre, contre transfert et dissociation chez le psychothérapeute*. Training at the École Biodynamique de Montpellier, in Montpellier. 21 hours, and 6 hours of supervision.
- 3) 2017.12.24-27 *Ombre, contre transfert et dissociation chez le psychothérapeute*. Training and supervision at the École Biodynamique de Montpellier, à Ecully (Lyon). 21 heures
- 4) 2016.02.05&12. *Gestion du stress des professionnels de l'éducation et de l'intervention psychosociale*. Post training workshops given at l'École d'Études Sociales et Pédagogiques (éesp) de Lausanne (Vaud). 2\*6 hours.

10. **Detailed curriculum vitae:** Michael C. Heller, Doctor in Psychology and Psychotherapist

- 5) 2015.12.11-13. *The shadow of the therapist*. Training group of the Montpellier Biodynamic School, in Lyon.
- 6) 2015.05.29-31. *Éthique et style personnel en thérapie psycho-corporelle [ethical and personal stance of a body-mind therapist]*. Stage de formation donné pour l'École Biodynamique de Montpellier, à Lyon. Training group of the Montpellier Biodynamic School, in Lyon.
- 7) 2014.11.28-30. *The shadow of the therapist*. Training group of the Montpellier Biodynamic School, in Lyon.
- 8) 2014.11.15. *Stress & respiration*. To students of the University of Utrecht, in the NIP center of Utrecht. Two hours.
- 9) 2014.05.21. *Stress & respiration. Une approche organismique* (stress and breathing. An organismic approach). Presented in the course of professor Susanne Kaiser on Stress: Analyse, Intervention, Maîtrise. University of Geneva, Faculty of Psychology and Science of Education (FPSE).
- 10) 2014.03.11&18. *Gestion du stress des professionnels de l'éducation et de l'intervention psychosociale*. Post training workshops given at l'École d'Études Sociales et Pédagogiques (éesp) de Lausanne (Vaud). 2\*6 hours.
- 11) 2013.05.08. *Stress & respiration. Une approche organismique* (stress and breathing. An organismic approach). Presented in the course of professor Susanne Kaiser on Stress: Analyse, Intervention, Maîtrise. University of Geneva, Faculty of Psychology and Science of Education (FPSE).
- 12) 2011.11.6.27-30. *Ombre et contretransfert [Shadow and countertransference]*. Training workshop given for the Montpellier School of Biodynamic.
- 13) 2010.12.2. *Psychothérapies corporelles: une approche pluridimensionnelle de la pratique psychothérapeutique*. Continuous training for psychologists organized by the University of Lausanne and the association for psychologists, FARP.
- 14) 2010.11. *Stress et travail sur les processus respiratoires* (stress et breathing). Presented in the course of professor Susanne Kaiser on stress. University of Geneva, Faculty of Psychology and Science of Education (FPSE).
- 15) 2009.05.20. *Stress et travail sur les processus respiratoires* (stress et breathing). Presented in the course of professor Susanne Kaiser on stress. University of Geneva, Faculty of Psychology and Science of Education (FPSE).
- 16) 2008.10.10 – 14, Nagoya (Japan). *The SOD model*. Training group for the Bio Integral Psychotherapy School (BIPS).
- 17) 2008.10.17, Tokyo (Japan). *Presenting Body Psychotherapy*. Workshop for the Bio Integral Psychotherapy School (BIPS).
- 18) 2008.6.13. - 15. *Diagnostic et pertinence du choix des outils thérapeutiques dans la Psychologie Biodynamique*. Training workshop given for the Montpellier School of Biodynamic.
- 19) 2007.10.08. *Communication Nonverbale et Négociation*. The Séminaire thématique sur la négociation de contrats, of Professor Christoph Müller, of the Faculty of Law of Neuchâtel (Switzerland).
- 20) 2007.8.9-11, Curitiba, Brazil. *Presenting the System of Organismic Dimensions (SOD) model*. Workshop organized by Rubens Kignel and the Clinica Contacto.
- 21) 2007.8.08. São Paulo, Brazil: *Organism, mind and body. Presenting the System of Organismic Dimensions (SOD) model*. With a presentation of Doctor Waldo Hoffmman. Meeting of the Brazilian Association of Psychotherapy (Associação Brasileira de Psicoterapia).
- 22) 2007.3.16-18. *Place du thérapeute et éthique*. Training workshop given for the Montpellier School of Biodynamic.
- 23) 2006.2.18, Yverdon (Switzerland). *Using body methods to work after a deep psychological chock*. Continuous training en psychology of urgency organized by the AVP Debriefing web (Réseau AVP Débriefing).
- 24) 2004.6.04-06. *Développement du style personnel (developing a personal style)*. Training workshop given for the Montpellier School of Biodynamic.
- 25) 2003.1.27. *Introduction à la dimension corporelle* (Introducing the bodily dimension). A one day course on professional methodology for the students in the

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- Sion (Valais) School for social workers (de l'École pour travailleurs sociaux de Sion (Valais), la haute école santé sociale du Valais (HEVs2-V).
- 26) 1998.12.12. *Utilisation du FACS dans un contexte clinique* (Using FACS in a clinical context). Lecture given for Professor Klaus Scherer at the Geneva Faculty of Psychology, in the cycle of lectures on socio-affectivity, for first year students.
  - 27) 1996.10.18—19. *Using methods of Analysis of Non-verbal Communication* in Psychotherapy. Training workshop at Bjorn Blumental's Institut of Vegetotherapy, Oslo—Norway.
  - 28) 1996.2-4, Geneva. *Introduction to neo-reichian approaches.* 3 courses for the training of post-graduate psychiatrists, Emergency, and Psychiatric Liaison Service, Psychiatry in interaction with Medecine, Third Level of Integrated Training, organized by Dr. B. Gallay, under the direction of Dr. Marc Archinard and Pr. Willy Pasini, at the I.U.P.G.
  - 29) 1996.1.19. *Utilisation du FACS dans un contexte clinique* (Using FACS in a clinical context). Lecture given for Professor Klaus Scherer at the Geneva Faculty of Psychology, in the cycle of lectures on socio-affectivity, for first year students.
  - 30) 1996.2-4, Geneva. *Introduction to neo-reichian approaches.* 3 courses for the training of post-graduate psychiatrists, Emergency, and Psychiatric Liaison Service, Psychiatry in interaction with Medecine, Third Level of Integrated Training, organized by Dr. B. Gallay, under the direction of Dr. Marc Archinard and Pr. Willy Pasini, at the I.U.P.G.
  - 31) 1994.2.3. *Utilisation du FACS dans un contexte clinique* (Using FACS in a clinical context). Lecture given for Professor Klaus Scherer at the Geneva Faculty of Psychology, in the cycle of lectures on socio-affectivity, for first year students.
  - 32) 1994.1.24, Geneva. *Le comportement facial de patients dépressifs et suicidaires* (The Facial Behaviour of Depressive and Suicidal Patients). I.U.P.G.
  - 33) 1993.11, Lausanne. with Christine Lessko: *The Faces of Suicide* (les visages du suicide). Congress of the Swiss Association of Suicide at the University Hospital of the Vaud state (CHUV).
  - 34) 1991.12. *Utilisation du FACS dans un contexte clinique* (Using FACS in a clinical context). Lecture given for Professor Klaus Scherer at the Geneva Faculty of Psychology, in the cycle of lectures on socio-affectivity, for first year students.
  - 35) 1995.4, Geneva. *Introduction neo-reichian approaches.* 3 courses for the training of post-graduate psychiatrists at the I.U.P.G.
  - 36) 1979- 1990: Regular trainer for the GBI (Gerda Boyesen International).
  - 37) 1979- 1986: Regular trainer for the GBI for the school of psycho-Organic Analysis.
  - 38) 1979-1984. Courses on emotional expression and Eva Reich's baby massage for nurses. *Ecole du Bon Secours, Geneva, 1979-1982.*
  - 39) 1976-1978. Courses of *bodily expression for children at the Ecole Active of Malagnou, Geneva.* Theme : acting children's dreams.
  - 40) 1974-1976. Assist Vera Tcheremissinoff in her courses of *bodily expression for children at the Ecole Active of Malagnou, Geneva.*

### Conferences

- 41) 2018.11.08. **Le corps comme cerveau des pensées.** Training in psychosomatics : *AMBULO ERGO SUM, Les idées viennent en marchant.* Présentateurs principaux : Michel Heller, Caterina Pesce, Stéphane Armand. for the Psychosomatic Unit (UPSO) at the Clinique Le Noirmont, Switzerland. 6 hours
- 42) 2018.11.08. *Le corps comme cerveau des pensées (The body as the brain of thoughts).* Psychosomatic training : AMBULO ERGO SUM, Les idées viennent en marchant. Organized by Dr. Duc Lê Quang, at the Le Noirmont clinic, Le Noirmont, Jura, Switzerland.
- 43) 2017.05.28. *Cartes des (psycho) thérapies psycho-corporelles (maps of body-mind (psycho) therapies).* Presentation given at the XVth international meeting of the APPB (Professional association of Biodynamic Psychology): Les Thérapies Psycho-corporelles: Essence et development (body-mind therapies: Essence and

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- Development). Domaine de La Baume, near Aix-en-Provence, France, May 25 to 28 2017, 1 hour.
- 44)2015.11.05. *Le modèle Système des Dimensions de l'organisme SDO*. Presented at the meeting organized by Dr. Duc Lê Quang, at the Clinique Le Noirmont, Jura Suisse.
- 45)2014.11.14. *Presenting Body Psychotherapy through its history*. To The Dutch Association of Psychologists (NIP), body-mind section. Utrecht. 6 hours.
- 46)2014.09.12. *The Place of Body Psychotherapy in relation to other mainstreams of Psychotherapy*, as main speaker with Liane Zink (moderator), and *Isabel Gonçalves* (discussant for CBT). Lisbon EABP Congress, ISTCE - Lisbon University Institute, 11-15 Septembre, 30 minutes.
- 47)2014.09.13. Presentation with Rubens Kignel: *The body can change your mind and vice versa*. Lisbon EABP Congress, ISTCE - Lisbon University Institute, 11-15 Septembre, one hour.
- 48) 2014.09.15. *Post Congress workshop*. Using touch in a psychotherapeutic process. Lisbon Biosynthesis Centre, Lisbon EABP Congress, ISTCE - Lisbon University Institute, 11-15 Septembre, 6.30 hours.
- 49)2013.05.18. Heller, M. *La jeune Gerda Boyesen. 14ème Colloque de psychologie Biodynamique: Le Corps, Vecteur de Conscience*. St Jean de Sixt, France.
- 50)2012.07.5. *The combination of interventions on the different dimensions of the organism*. Key note speaker in the congress Organized by the European Association of Psychotherapy (EAP) and the Spanish Association of Psychotherapy (FEAP): Improving mental health and emotional wellbeing in Europe. Valencia (Spain), Palazio De Congressos.
- 51)2012.05.17-19. *La jeune psychologue Gerda Boyesen, en 1955: à mi-chemin entre Otto Fenichel et Wilhelm Reich. Photos d'une histoire publiée [The young Gerda Boyesen in 1955 : half-way between Otto Fenichel and Wilhelm Reich. Photographs of a published story]*. 14<sup>th</sup> colloque of Biodynamic psychology (APPB). Saint-Jean de Sixt (Fr).
- 52)2011.11.19, Fribourg, Switzerland. Conférence. *Modes d'intervention en psychothérapie corporelle et stress [Modes of intervention used in Body Psychotherapy to manage stress]*. Colloque of Collège Romand en Psychologie d'Urgence (CRPU) [Psychology for urgent situations] 2011 : "Corps et trauma : Du corps marqué au corps bouclier" [Body and Trauma : from the wounded body to the body as a shield]. The ancient psychiatric hospital of Marsens.
- 53)2009.05.12, Lausanne (Switzerland). *Quelques principes de base des psychothérapies corporelles (basic principles of body psychotherapy)*. Public conference organized by Marie Magnin at the Cazar.
- 54)2009.3.28. *Le Système des Dimensions de l'Organisme (SDO)*. Swiss Association of Body-Mind therapies (ASTPC), Onex, Geneva, Switzerland.
- 55)2008.11.11. *Including the body in psychotherapy = a new way of thinking and working with individual dynamics*. "In Body Awareness: Where Body Psychotherapy, Neuroscience and Traditional Healing Meet". Congress organized by François Lewin for The Scientific Committee for Body Psychotherapy (ISC) & The European Association of Body Psychotherapy, in Paris.
- 56)2008.10.17, Tokyo, Japan. *How Video Analysis can help young mothers*. Conference organized by the Bio Integral Psychotherapy School (BIPS).
- 57)2007.9.15. *Micro- et Macro- pratiques en psychothérapies corporelles (micro- & macro- practices in body psychotherapy)*. « Histoire de vie : des maux pour le dire. Traumatismes psychiques ». 6th Congress of the Society of Psychosomatic and psychosocial Medicine (SSMP), Centre Médical Universitaire de Genève.
- 58)2007.8.15. São Paulo, Brazil: *Presenting the System of Organismic Dimensions (SOD) model*. Lecture organized by Rubens Kignel & Betisa Malaman. Universidade Paulista, Campus Pinheiros.
- 59)2005.6.10. *My Body psychotherapy inspired by Bülow-Hansen. Principles, demonstration, discussion*. Congress on "The European Tradition meets the Norwegian Tradition of Body Work". University College of Oslo, Norway.
- 60)2005.6.10. *Why look into the Norwegian body tradition?* Congress on *The European*

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*Tradition meets the Norwegian Tradition of Body Work.* University College of Oslo, Norway.

- 61) 2004.10.9, Marathon, Greece. *A case study illustrating what can be evaluated by the Postural Dynamics system.* Two-hour workshop given at the 9<sup>th</sup> European Congress of Body-Psychotherapy (EABP): "The body at the Centre of Psychotherapy".
- 62) 2004.5.13, Lausanne. *S'exprimer par le corps, approche psychocorporelle.* Congress of the GRAAP (groupe romand d'accueil et d'action psychiatrique).
- 63) 2003.3.7, Bern, Switzerland. *Le langage du corps (Body language).* Section des lettres françaises du Lyceum Club International de Suisse.
- 64) 2002.1.21. *The invisible visible dimensions of bodily interactive behaviour.* Heidelberg University Psychiatric Departement of Professor Mund, under the invitation of Professor Thomas Fuchs.
- 65) 2001.9.15.9. *Who regulates whom? Part II. "The Art of Healing":* 8<sup>th</sup> EABP Congress, Egmond aan Zee, The Netherlands.
- 66) 1999.9.4. *The Flesh of the Soul.* Opening conference for the 7<sup>th</sup> EABP congress, Travemünde - Germany.
- 67) 2000.6. With Courtenay Young: *The Scientific "What" of Psychotherapy: Psychotherapy is a Craft not a Science! Second National Conference Of The United States Association For Body Psychotherapy (USABP), Berkeley, CA.*
- 68) 13.5.2000. *L'organisme vécu (the experienced organism).* Conference given during the day of continuous training of the Faculty of Psychology of Lausanne University, organized by Professor Nicolas Duruz, Marulla Hauswirth and Michael Heller, on the theme: *Corps et Processus Psychothérapeutique (Body and psychotherapeutic process).*
- 69) 1997.6.26 -29. *How to situate Phenomena on which Psychotherapy focuses in the Levels of Matter?* 7<sup>th</sup> Congress of the EAP, Rome - Italy.
- 70) 1996.8.5—9, Basel. *Atmospheres as an equivalent to Language in Non-Verbal Communication. "Culture - sign - space",* VIIIth congress of German and Dutch Semiology, organised by the "Deutsche Gesellschaft für Semiotik".
- 71) 1995.9.26. *A doctor facing suicidal patients ("le médecin face à des patients suicidants").* Cycle of Sandwich Conferences of the Psychiatric department of the Geneva University Hospital (HUG).
- 72) 1994.5.21, Toulouse, France. *L'aqualide.* Congress of the Association of Psycho-Organic Analysis.
- 73) 1994.3.24. *Dépression et Suicide: aspects psychosociaux (Depression and suicide: psycho-social aspects).* Geneva Medico-Legal Institute for Professor Harding and Doctor Enckell.
- 74) 1993.10. *What do Science and Psychotherapy have to learn about each other?* 3<sup>rd</sup> EABP Congress, Strasbourg, France.
- 75) 1993.10. *Unconscious Communication.* 3<sup>ed</sup> EABP Congress, Strasbourg, France.
- 76) 1992.10. *The Faces of Suicide.* 5<sup>th</sup> European Conference on « Facial expression-measurement and meaning », organized by professor Enrico Ricci Bitti, University of Bologna.
- 77) 1992.5.6, Lausanne. *Analyse de l'expression du visage chez les patients dépressifs (Analysis of the Facial Expressions of Depressive Patients).* Policlinique Psychiatrique Universitaire B, invited by Professor François Ferrero.
- 78) 1992.3. *Posture as a regulator between biology and culture.* Congress on "Nonverbal Communication", organized as part of an annual meeting on "The Biological Foundations of Human culture" at the Zentrum für Interdisziplinäre Forschung, University of Bielefeld - Germany.
- 79) 1991.12. *Émotions.* Center of Biodynamic Psychology, Paris-France.
- 80) 1991.05. *Love implies automatically abuse ("Lieben Heisst Bereits Missbrauchen").* Congress of the German Speaking Association of Bio-dynamic Psychology, in Germany.
- 81) 1991.09. *Unconscious bodily communication: theory and experimental (scientific) results.* "Words – Touch – Transference, aspects of the Therapeutic Relationship". 3<sup>rd</sup> EABP congress, Lindau, Germany.

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- 82) 1988.5. *Deflux et contre-transfert*. Congress of the French Speaking Association of Biodynamic Psychology, Château Cornu—France.
- 83) 1986.5. *Transference*. *Psychologie Sociale, Psychologie Cognitive et Psychothérapie*. Congress of the French Speaking Association of Biodynamic Psychology, at Poitiers-France.
- 84) 1982.5. *Le comportement postural*. Congress organized by French speaking therapists in Biodynamic Psychology at Montailleurs - France.

**Round Table**

- 85) 2017.05.27. Round table. Moderator: Dominique Gutierrez, with Christiane Lewin, François Lewin et Lucien Tenenbaum. *L'éthique toujours vivante et au cœur de nos pratiques psycho-corporelles*. XVth international meeting of the l'APPB (Association Professionnelle de Psychologie Biodynamique) : Les Thérapies Psycho-corporelles : Essence et développement. Domaine de La Baume, near Aix-en-Provence, May 25-28 2017, 1.30 hour.
- 86) 2016.11.03. Round table. Moderator : Michel Heller, with Duc Lê Quang, Marco Vannotti, Selma Aybeck, Farshid Sadeghi, Stéphan Lendais, Corinne Estran, Andry Andriamaholisa. In *Soigner les cas complexes au quotidien [Taking care of complex cases]*. Organized by the Psychosomatic Unit (UPSO) at the Clinique Le Noirmont, Switzerland.
- 87) 2016.10. 17. Round table: *The Common ground In Body Psychotherapy*. Moderator: Sheila Butler, with Ulfried Geuter, Eleni Stavroulaki, Luisa Barbato, and Judith O. Weaver. In the The Embodied Self in a dis-embodied Society. 15<sup>th</sup> EABP Congress, Titania Hotel, Athens. 130 minutes.
- 88) 2016.10. 16. Symposium: *Politics and [Body] Psychotherapy*. Moderators: Michael Heller and Regina Hochmair, with Alexandros Theodoridis and Marilena Komi. In the The Embodied Self in a dis-embodied Society. 15<sup>th</sup> EABP Congress, Titania Hotel, Athens. 90 minutes.
- 89) 2015.11.05. Round table with the team of psychosomatique treatment of the Clinique Le Noirmont, at the meeting organized by Dr. Duc Lê Quang, at the Clinique Le Noirmont, Jura Suisse.
- 90) 2012.05.18. *Hommage à Gerda Boyesen [hommage to Gerda Boyesen]*. Moderating the evening in replacement of Ebba Boyesen, with Alberto d'Enjoy, Achim Korte, Christine Lewin, François Lewin, et Roger Tellenbach. 14<sup>th</sup> colloque of Biodynamic psychology (APPB). Saint-Jean de Sixt (Fr).
- 91) 03.05.2012. Round table on *Sabina Spielrein in the history of psychology*, with, Mireille Cifali Bega, Kai Nochis, Annick Ohayon and Michael Heller as chair, for the **Centennial of the Rousseau Institute of Geneva**.
- 92) 2010.10.31. Finding a few common terms that can be used by all schools in body psychotherapy. Round table chaired by Gustl Marlock, with Kirsten Ekerholt, Ulf Geuter and Michael Heller. "Body Mind Relationship", 12th congress of the EABP in Vienna.
- 93) 2010.10.30. Chair of a roundtable on *Research & Body Psychotherapy*. With Levy Berg, Margit Koemeda Lutz and Frank Röhrich. "Body Mind Relationship", 12th congress of the EABP in Vienna.
- 94) 2007.10.20. Round table chaired by Bjørn Blumenthal, with Asbjørn Faleide, Per Harbitz, Michael Heller and Mary-Anne Knudsen. Seminar to honor *the 50<sup>th</sup> anniversary of Wilhelm Reich's death*, organized by Bjørn Blumenthal, Berit Heir Bunkan and Bjørn Skar Ødegaard, in Oslo.
- 95) 2004.6.10. *Comportement facial dans la relation thérapeutique (facial behavior in a psychotherapeutic interaction)*. Round table directed by Professor Ivy Mary Blackburn. 10th meeting of the French speaking Association for Training and Research in Cognitive and Behavioural Therapy (10èmes journées de L'Association Francophone de Formation et de Recherche en Thérapie Comportementale et Cognitive: Troubles de Personnalité et troubles émotionnels: la place du thérapeute). Veyrier du Lac, France.
- 96) 2004.5.1. *Les diverses peurs distinguées en psycho neurologie, et les dimensions*

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*thérapeutiques qui leur correspondent (different forms of fear in psycho neurology, and the corresponding therapeutic interventions). Lausanne University, Faculty of History and religion. This meeting was part of a course on the psychotherapy of tortured emigrants entitled: "De la frayeur ou l'envers du décor". Organized by François Fleury, with the participation of Mona Cserveny, Marulla Hauswirth and Abdelhak Elghezouani.*

- 97) 2002.10.30. Round table, with Bessel van der Kolk and Luciano Rispoli among others: *The scientific basis of body psychotherapy - Recent discoveries: the therapeutic process, how and why it works - Innovative methods in outcome evaluation. 6th International Congress of Body Psychotherapy, in Ischia and Naples.*
- 98) 2001.9.16. Round table on *Conflicts in systems - systems in conflicts.* Moderator: Susan Schwarwiess, with Jean Claude Audergeon, Malcom Brown, Michael Heller, Daniel Ofman, Lennart Ollars and Inga Teekens. "The Art of Healing": 8<sup>th</sup> EABP Congress in Egmond aan Zee, The Netherlands.
- 99) 2001.9.14. *Who regulates whom? Part I. Round table for the Margaret Mead Centennial with Mary Catherine Bateson and François Fleury.* "The Art of Healing": 8<sup>th</sup> EABP Congress, Egmond Aan Zee, The Netherlands.
- 100) 1998.6.25. Round table on « *Researching the Body, and the Body in Research* », chaired by Christine Caldwell, with Bessel van der Kolk, Alice Kahn Ladas, Peter Levine and John May. First National Conference Of The United States Association For Body Psychotherapy, Boulder - USA.
- 101) 1997.5.10. Round table on *Self Regulation & Society.* EAPB congress at Vienna - Austria, organized to commemorate Wilhelm Reich's 100<sup>th</sup> birthday.

### **Workshops & Presentations**

- 1) 2019.11.07. **Team Psychotherapy** (in french) Training in psychosomatics. Les liaisons dangereuses. La psychologie médicale à l'épreuve. Soigner les patients douloureux chroniques. Organized by Docteur Duc Lê Quang, for the Psychosomatic Unit (UPS0) at the Clinique Le Noirmont, Switzerland. Main presenters: Stéphane Saillant, Marco Vannotti, Duc Lê Quang. 6 hours.
- 2) 2019.11.07. Exercices de la méduse. Training in psychosomatics. Les liaisons dangereuses. La psychologie médicale à l'épreuve. Soigner les patients douloureux chroniques. Organized by Docteur Duc Lê Quang, for the Psychosomatic Unit (UPS0) at the Clinique Le Noirmont, Switzerland. Main presenters: Stéphane Saillant, Marco Vannotti, Duc Lê Quang. 6 hours.
- 3) 2017.05.27. Workshop on **Jellyfish exercices.** XV<sup>th</sup> international meeting of the l'APPB (Association Professionnelle de Psychologie Biodynamique) : Les Thérapies Psycho-corporelles : Essence et développement. Domaine de La Baume, near Aix-en-Provence, May 25 - 28 2017, 1 hour.
- 4) 2017.04.20. Presentation and discussion representing the **EABP Ethics Committee**, on *the teaching of ethics in the psychotherapeutic schools* with the **EABP Forum of body psychotherapy schools**, at the Zentrum für Integrative Körpertherapie und Humanistische Psychologie of Frankfurt. 3 hours.
- 5) 2016.04.30. Presentation and discussion representing the **EABP Ethics Committee**, on *the teaching of ethics in the psychotherapeutic schools* with the **EABP Forum of body psychotherapy schools**, and the **Council of EABP national associations**, at the Bulgarian Institute for Body Psychotherapy of Sofia. 3 hours.
- 6) 2015.11.05. *Touch in psychotherapy.* Presented at the meeting organized by Dr. Duc Lê Quang, at the Clinique Le Noirmont, Jura Suisse.
- 7) 2015.10.09. Presentation and discussion representing the **EABP Ethics Committee**, on *the teaching of ethics in the psychotherapeutic schools* with the **EABP Forum of body psychotherapy schools**, at the École Biodynamique of Lyon-Ecully. 3 hours.
- 8) 2012.05.18. Travailler avec le *reflex de sursaut [Working with the startle reflex].* 14<sup>th</sup> colloque of Biodynamic psychology (APPB). Saint-Jean de Sixt (Fr).
- 9) 2011.11.19. *Le reflex de sursaut.* Conference on Psychology for urgent situations

16. **Detailed curriculum vitae:** Michael C. Heller, Doctor in Psychology and Psychotherapist

- [Colloque du Collège Romand en Psychologie d'Urgence (CRPU)] 2011 : « Corps et trauma : Du corps marqué au corps bouclier » [Body and Trauma : from the wounded body to the body as a shield]. The psychiatric hospital of Marsens, Fribourg, Switzerland.
- 10) 2010.11.1. *Otto Fenichel & Wilhelm Reich: The father and the hidden uncle of body psychotherapy*. Moderator: Michel Heller, with Ulf Geuter and Johannes Reichmayr: "The Birth of body psychotherapy in the Berlin of the 1930s: around Otto Fenichel, Wilhelm Reich and Elsa Gindler". 12<sup>th</sup> EABP congress in Vienna: Body Mind Relationship.
  - 11) 2010.10.31. *Using the SOD model to distinguish basic terms in Body Psychotherapy*. Moderator: Gustl Marlock, with Kirsten Ekerholt, Ulf Geuter and Michael Heller. "Finding a few common terms that can be used by all schools in body psychotherapy". 12<sup>th</sup> EABP congress: Body Mind Relationship, Vienna.
  - 12) 2008.11.8. *Combining different perspectives in body psychotherapy, using the SOD model*. Congress organized by François Lewin for the Scientific Committee for Body Psychotherapy (ISC) & The European Association of Body Psychotherapy, in Paris.
  - 13) 2008.10.18 – 19, Tokyo, Japan. *Wilhelm Reich's pulsation in intra-organismic in inter-organismic regulation systems*. Workshop for the Bio Integral Psychotherapy School (BIPS).
  - 14) 2007.10.19. *Reich – Organismic social psychology*. Seminar to honor the 50<sup>th</sup> anniversary of Wilhelm Reich's death, organized by Bjørn Blumenthal, Berit Heir Bunkan and Bjørn Skar Ødegaard, in the Institut of Psychology Harald Scheldrups of Oslo University.
  - 15) 2004.10.9. *The postural dynamics of a psychoanalytical process*. Conference given as main speaker at the 9<sup>th</sup> European Congress of Body-Psychotherapy (EABP): "The body at the Centre of Psychotherapy". Marathon, Greece.
  - 16) 2004.11.11-13, Zurich. *The Facial Action Coding System (FACS) and emotional expressions* in George Downing's seminar on "Nonverbal process in therapeutical transference – theory and practical implications" (Nonverbale prozesse in der therapeutischen Beziehung – Theorie und praktische Implikationen).
  - 17) 2002.5.19. *The Jelly Fish. "A Vision of Unity"*: Biodynamic Psychology Congress, in Freiburg, Germany.
  - 18) 1999.9.4. With Bjorn Blumenthal : *The psychotherapists body*. 7<sup>th</sup> EABP congress, Travemünde – Germany.
  - 19) 1998.6.24. With Christine Caldwell. « *Darwin's Puzzles in Our Minds* ». First National Conference Of The United States Association For Body Psychotherapy, Boulder – USA.
  - 20) 1998.6.23, CHUV (Lausanne). With Véronique Haynal-Reymond: *Poster on suicide and facial behavior, meeting of the psychiatric departments of Geneva and Lausanne*.
  - 21) 1989.09. *Emotions and Facial Expression*. 2<sup>nd</sup> EAPB congress at Seefeld (Austria).
  - 22) 1998.5.14. *Recherche sur comportement et psychopathologie en utilisant le FACS (Research on behavior and psychopathology using FACS)*. Seminar on ongoing research by Maryvonne Gognalons-Nicolet at the H.U.G.
  - 23) 1997.11.29, Zurich. *Presenting research projects of the L.A.C.* General Assembly of the Swiss section of the EABP.
  - 24) 1996.11.20. *Anxiété des parents: normalité et pathologie (Anxiety of parents: normality and pathology)*. Seminar on the history of psychiatry organized at the H.U.G. by Marc Archinard.
  - 25) 1996.3.1. Michael Heller and V. Haynal: *Les intentions suicidaires des patients reflétées dans le visage du médecin (Suicide intentions of patients reflected in a doctor's face)*. Presented in a round table on body and psychopathology I, chaired by Pr. D. Bürgin and Dr. H. Brändli, with also Pr. P.-M. Furlan, Pr. B. Cramer, Pr. J.-L. G.-Z. de Rivera, et Dr. N. de Coulon, during the congress on "The Body in Psychotherapy", organized by Professor J. Guimon (H.U.G.), in Geneva-Switzerland.



## 17. Detailed curriculum vitae: Michael C. Heller, Doctor in Psychology and Psychotherapist

- 26) 1995.6.22—25. *The Facial Behavior of a Doctor Interviewing Suicide Attempts*. 6th European Conference on Facial expression-measurement and meaning, Madrid—Spain.
- 27) 1994.9.25—29. *The Influence of Suicidal Behavior on Depressive Facial Behavior*. Congress of the German Association for Psychology, Hambourg – Germany.
- 28) 1994.9.16—17, Geneva. With Véronique Haynal—Reymond: *The Mask of Suicide*. European Symposium on Adolescence and Suicide.
- 29) 1993. With Véronique Haynal-Reymond. *Presenting the research of the L.A.C. in the USA*.
  - a) At the Seminar of Professor John Gottman, Psychology Faculty, Washington University, Seattle.
  - b) At the Seminar of Professor Mardi Horowitz, Psychiatric Department, Medical Faculty, University of California-San Francisco.
  - c) at Paul Ekman's Laboratory of the Faculty of Psychology in the University of California-San Francisco.
- 30) 1989.9. *Presenting the research project of the Geneva Laboratory of Affect and communication on the analysis of facial behavior of suicidal patients*. EABP congress, Seefeld-Austria. 4 days.
- 31) 1986.06.06 : *Présentation et rappel des divers approches thérapeutiques : émotionnelles, analytiques, psychothérapies, approche systémique, et animation d'un séminaire sur ce thème*. ESPACE : Regroupement d'institutions au service des adolescents. Organization : René Bourgoz. 3 hours.
- 32) 1982.9.21-24. *Notation des sequences temporelles de l'interaction non verbal, organized by Siegfried Frey and his team, where I presented my data on postural dynamics*. Maison des Sciences de l'Homme, 54 Boulevard Raspail, 75270 Paris 06.

### **Miscellaneous activities (Theatre, body-mind)**

- 33) 2010-today. Weekly courses of *Pilates* with Nathalie Baehler, in Chesaux.
- 34) 1996. *Acupuncture* treatment an three workshop as an introduction to the *Qi Gong of the flying Crane*, with Doctor Qi Baoping. Geneva.
- 35) 1980. Treatment in the *Mathias Alexander Technique* with Robin and Erwin Möckli-Cowper.
- 36) 1979-1981. President of the management committee at the *Théâtre 11*.
- 37) 1977-1983. Multi-task (author, actor, conception of a play, music, and so on) member of the *Théâtre 11* of Lausanne. A variety of theatre workshops, three of which were with dancer *Cheryl Sutton*. Participate in the following representations directed by Jaqueline Morlet: *Le Voyage sans retour* (Lausanne 1977), *L'Escalier* (Lausanne 1980 ; Cardiff (GB) 1981), *Allô Atlantide?* (Lausanne 1983).
- 38) 2-8.7.1978.7.2-8 *Tai Chi course with Master Chao* of Taiwan, organised by **Madame Reymond et Madame Sulzer**. Centre de rencontre of Cartigny (Geneva, Switzerland). 7 days
- 39) 1978. A 10 session *Rolfing* treatment with Dr. Michel Ginoulhac. Genève.
- 40) 1976-1985. Courses and workshop in *Chinese massage and yoga* with Hiroshi Nozaki. Lausanne.
- 41) 1973-1981. Weekly *Tai-chi* courses given by Lizelle Reymond and her team. From 1975 to 1979, annual workshops of one week with master Dee Chao. Geneva.
- 42) 1969-1972. *Transcendental meditation*. Regular practice. Geneva.

### **Publications**

#### **Books**

- 1) Michel Heller (2022). *L'organisme intime. Approches psycho-corporelles des troubles fonctionnels*. Paris : L'Harmattan.
- 2) Heller, M. C. (2017). *Körperpsychotherapie: Geschichte – Konzepte – Methoden*. Bernhard Maul (Vorwort, Übersetzer). Gießen: Psychosozial-Verlag.

18. **Detailed curriculum vitae:** Michael C. Heller, Doctor in Psychology and Psychotherapist

- 3) Heller, M. (2017). *La méduse ou le monde reichien de Gerda Boyesen*. Translation by Marc Brami. Montpellier: Les Editions Biodynamiques.
- 4) Heller, M. C. (2012). *Body Psychotherapy: History, Concepts, and Methods*. New York: W.W. Norton.
- 5) Heller, M. (2008). *Psychothérapies corporelles. Fondements et méthodes*. Louvain: De Boeck.
- 6) Heller, M. (ed.) 2001: *The Flesh of the Soul: the body we work with*. Bern: Peter Lang.
- 7) Heller, M. (1992). *Postural Dynamics & Social Status*. Éditions universitaires européennes, 2017.

**Articles**

- 1) Heller, M. (2021). Descartes on the Body-Mind split. *Body, Movement and Dance in Psychotherapy*. <https://doi.org/10.1080/17432979.2020.1864777>.
- 2) Heller, M.C. & Burckhardt-Bartov, G. (2019). The embodiment of dreams: Exploring mind/body connecting devices. In H. Payne, S. Koch & J. Tantia (eds.): *The Routledge International Hand-book of Embodied Perspectives in Psychotherapy. Approaches from Dance Movement and Body Psychotherapies*: 325-332. London et New York: Routledge, Taylor & Francis Group.
- 3) Heller, M.C. (2017). Presenting a Short Definition of Body Psychotherapy. In S. Butler, *Common Ground in Body Psychotherapy: a dialogue and debate*. A Follow-up ('dialogos' - διάλογος) to the Roundtable presented at the EABP Conference in Athens in October 2016. Published on the EABP website and on aqualide.com.
- 4) Shaub-Moore, C. and Heller, M. (2016). Comparing and contrasting body psychotherapy and dance movement psychotherapy. *Body, Movement and dance in Psychotherapy*, special issue: Comparing and contrasting body psychotherapy and dance movement psychotherapy, 11, 2-3:99-102.
- 5) Heller, M. C. (2016). The Embodied Psyche of Organismic Psychology: A Possible Frame for a Dialogue Between Psychotherapy Schools and Modalities. *IBPJ* : 15, 1: 20-50. Printed and internet editions available <http://www.ibpj.org>
- 6) Heller, M. (2014). Psychothérapie brève de l'étudiant, Luc Michel. *Psychoscope* 5/2015, p. 35
- 7) Heller, M. (2014). Fenichel (Vienne 1897 – Los Angeles 1946) : l'oncle secret des psychothérapies corporelles. *Psychothérapies*, 1, 34 : 23-32.
- 8) Heller, M. C. (2013). Idealism and The Goals of a Psychotherapeutic Process. *IBPJ*, 12, 2: 9-38
- 9) Heller, M. (2013). La jeune Gerda Boyesen. In *Les Actes du 14ème Colloque de psychologie Biodynamique: Le Corps, Vecteur de Conscience*: 9-26. Montpellier: Les Editions Biodynamiques.
- 10) Heller, M. (2013). Introduction au reflexe de sursaut. In *Les Actes du 14ème Colloque de psychologie Biodynamique: Le Corps, Vecteur de Conscience*: 117-120. Montpellier: Les Editions Biodynamiques.
- 11) Heller, M.C. (2013). Reflections on Writing a Book Which Helps Body Psychotherapists Present Their Findings in a More Efficient Way and That Shows, to Others, What They Can Learn From Body Psychotherapy. *Somatic Psychotherapy Today. The USABP Magazine*, 2, 3: 22-21. [www.issuu.com/SomaticPsychotherapyToday](http://www.issuu.com/SomaticPsychotherapyToday).
- 12) Heller, Michel (2012). *Préface. La psychothérapie en devenir*. In Jacqueline Besson et Yves Brault: La relation psychothérapeutique. Existence, identité, histoire. Paris : l'Harmattan.
- 1) Heller, M. (2012). La jeune Gerda Boyesen. Discussion autour de l'origine de la Végétothérapie et de la Psychologie Biodynamique. *Les Actes du 14e Colloque de Psychologie Biodynamique*, May 2012 ; *Le Corps, Vecteur de Conscience* : 9-26. Montpellier : Les Éditions Biodynamiques.
- 2) Heller, M. (2012). Introduction au reflexe de sursaut. *Les Actes du 14e Colloque de Psychologie Biodynamique*, May 2012 ; *Le Corps, Vecteur de Conscience* : 117-120. Montpellier : Les éditions Biodynamiques.

19. **Detailed curriculum vitae:** Michael C. Heller, Doctor in Psychology and Psychotherapist

- 13) Heller, Michael Coster & Westland, Gill (2011). *The System of the Dimensions of the Organism (SDO): a common vocabulary for body psychotherapy*. Body, Movement and Dance in Psychotherapy, 6, 1. 43 – 57.
- 14) Heller, Michel (2010). *Le système des dimensions de l'organisme (SDO)*. Adire, 24, pp. 213-255.
- 15) Geuter, Ulfried; Heller, Michael Coster; Weaver, Judyth O. (2010). *Elsa Gindler and her influence on Wilhelm Reich and body psychotherapy*. Body, Movement and Dance in Psychotherapy, 5, 1: 59 – 73.
- 16) Svojtka, Matthias; Seidl, Johannes & Heller, Michael Coster (2009). *Frühe Evolutionsgedanken in der Paläontologie. Materialien zur Korrespondenz zwischen Charles Robert Darwin und Melchior Neumayr*. Jahrbuch der Geologischen Bundesanstalt, 149, 2+2: 357-374.
- 17) Heller, Michael (2009). *Die Dynamische Körperhaltung eines psychoanalytischen Prozesses, Teil 2*. Psychoanalyse & Körper, 14, 8, I: 51-65.
- 18) Heller, Michael (2008). *Die Dynamische Körperhaltung eines psychoanalytischen Prozesses, Teil 1*. Psychoanalyse & Körper, 13, 7, II: 77-94.
- 19) Heller, Michael Coster (2007). *The golden age of psychotherapy in Oslo I: from gymnastics to psychoanalysis*. Body, Movement and Dance in Psychotherapy, 2, 1: 5-16.
- 20) Heller, Michael Coster (2007). *The golden age of psychotherapy in Oslo II: from vegetotherapy to nonverbal communication*. Body, Movement and Dance in Psychotherapy, 2, 2: 81-94.
- 21) Heller, Michael Coster (2006). *A topography of the mind*. The USA Body Psychotherapy Journal, 2006, 5, 2: 61-87.
- 22) Heller, Michel (2005). *La sexualité en tant que penchant*. Dans Marie-Claude Bourgy & Danièle Dreux-Boucard (eds.), *La sexualité*, pp. 35-64. Adire, 21.
- 23) Michael Heller (2004). *Behind the stage of interacting faces: commentary on Case Study by Beatrice Beebe*. Psychoanalytic Dialogues, 14, 1 : 53-63.
- 24) Michel Coster Heller (2004). *Les divers peurs distinguées en psycho neurologie, et les dimensions thérapeutiques qui leur correspondent*. Le canard biodynamique, journal de l'Association Professionnelle de Psychologie Biodynamique, n.4 : 6-21.
- 25) Michel Heller (2004). *S'exprimer par le corps*. Dans développer son capital santé mentale par les approches naturelles et complémentaires. Actes du Congrès du GRAAP des 12 et 13 mai 2004. 50-54. Lausanne. Editions du GRAAP. <http://www.graap.ch>, <mailto:info@graap.ch>
- 26) Heller, Michel (2004). *Marc Archinard et l'organisme en interaction*. Revue médicale Suisse, 5, février : 376-342.
- 27) Heller, Michael (2003): *Body experience and expression of the soul: the birth of the international foundation for Biosynthesis IFB*. Energy & Character, vol.32, September : 13-16.
- 28) Heller, Michael (2002): *Körpererfahrung und Seelenausdruck. Die Geburt des Internationalen Stiftung für Biosynthese*. Energie & Charakter, n. 24, pp 12 – 17.
- 29) Heller, Michael (2001): *Presentation: The Organism as Physiology, Body, Flesh and Soul*. Heller, Michael (ed.): The Flesh of the Soul: the body we work with: 9–31. Bern: Peter Lang.
- 30) Heller, Michael; Haynal-Reymond, Véronique; Haynal, André & Archinard, Marc (2001): *Can Faces Reveal Suicide Attempt Risks?* Heller, Michael (ed.): The Flesh of the Soul: the body we work with: 231–256. Bern: Peter Lang.
- 31) Heller Michel (2000). *Dynamique Expressives*. Dans Plantin, Christian & Doury, Marianne & Traverso Véronique, (ed.) Les Émotions dans les Interactions. Lyon. Presses Universitaires de Lyon, CD-ROM section.
- 32) Archinard, Marc; Haynal-Reymond, Véronique & Heller, Michel (2000). *Doctor's and patient's facial expressions and suicide reattempt risk assessment*. Journal of Psychiatric Research, 34 : 261 -262.
- 33) Heller Michel (1998). *La programmation comme microscope du comportement communicatif corporel*. Cahiers Psychiatriques, No 24 : 101–117.
- 34) Heller Michel (1998). *Les 100 ans de Wilhelm Reich*. Adire, No 14.

20. **Detailed curriculum vitae:** Michael C. Heller, Doctor in Psychology and Psychotherapist

- 35) Heller Michael & Haynal Véronique (1998). *Report on the 'Janus' Project*. Rapport de recherche du L.A.C.
- 36) Heller Michel (1998). *Notes de lecture sur What the face reveals de Paul Ekman et Erika L. Rosenberg*. Psychothérapies, vol. XVIII, n. 3 : 179–180.
- 37) Heller Michel (1997). *L'ombre parentale et le complexe d'Œdipe*. Adire, No 13, Juin: 201 – 236.
- 38) Haynal Véronique & Heller Michel (1997). *Les intentions suicidaires des patients reflétées dans le visage du médecin*. Dans Guimón José (ed.). Corps et psychothérapie. Genève. Editions Médecine et Hygiène, p76–82.
- 39) Heller Michael & Haynal Véronique (1997). *Depression and suicide faces*. In Paul Ekman P. & Rosenberg Erica L. (ed.). What the face reveals. Basic and applied studies of spontaneous expression using the Facial Action Coding System (FACS): 398–407. Oxford. Oxford University press.
- 40) Heller Michael & Haynal Véronique (1997). *Perspectives for studies of psychopathology and psychotherapy*. In Paul Ekman P. & Rosenberg Erica L. (ed.). What the face reveals. Basic and applied studies of spontaneous expression using the Facial Action Coding System (FACS): 408–413. Oxford. Oxford University press.
- 41) Heller M. (1997.) *L'étude des émotions comme exemple de comment philosophie et recherche psychologique peuvent collaborer*. Notes de lecture. Psychothérapies. (I do not have the exact references).
- 42) Heller Michel (1997). *Posture as an interface between biology and culture*. In Segerstrale Ullica & Molnar Peter (ed.). Nonverbal Communication. where nature meets culture: 245 -262. New Jersey. Lawrence Erlbaum Associates, Inc.
- 43) Heller Michel & Haynal Véronique (1997). *The doctor's face. a mirror of his patient's suicidal projects*. In Guimón José (ed.). The body in psychotherapy: 46–51. Basel. Karger.
- 44) Heller, Michael (1996). *Atmospheres as an equivalent to language in non-verbal communication*. Abstracomplexité cts of the 8th congress of Deutsche Gesellschaft für Semiotik. No page numbers in this volume.
- 45) Heller, Michel (1995). *Présentation de la revue Diagonales*. Diagonales, No 1\_: 5–14.
- 46) Heller, Michel (1995). *La pratique de l'Aqualide*. Diagonales, No 1 : 119–158.
- 47) Archinard M., Heller M., Haynal A. (1995). *Recherche sur la communication avec des patients suicidants*. Rapport final au Fond National de la Recherche Scientifique, n 32-33548.92.
- 48) Heller, Michel (1995). *La normalité sexuelle pour un psychologue-psychothérapeute*. Les Lieux du Corps, No 4 : 47–61.
- 49) Heller, Michael (1994). *Der « Jelly-Fish » oder Die Reichianische Welt Der Gerda Boyesen*. Energie & Charakter, 9 : 41–93.
- 50) Heller, Michael (1994). *The jelly fish II*. Energy & Character, 25, 1: 18–43.
- 51) Heller, Michel & Haynal, Véronique (1994). *Les visages de la dépression et du suicide*. Les Cahiers Psychiatriques Genevois, No 16, 1994 : 107–117.
- 52) Heller, M. *The influence of suicidal behavior on depressive facial behavior*. 39. Kongress der Deutschen Gesellschaft für Psychologie. 25.-29. September 1994 in Hamburg. Schwerpunktthema: Persönlichkeit und verhalten. Abstracts Band I (A-K), Herausgegeben von Kurt Pawlik, p. 267. Psychologisches Institut I der Universität Hamburg.
- 53) Heller, Michael (1993). *The jelly fish I*. Energy & Character, 24, 2: 1–27.
- 54) Heller, Michel (1993). *Les psychothérapies à médiation corporelle*. Educateur, No 4 : 82–85.
- 55) Heller, Michel (1993). *Pour une éthique de la connaissance en psychothérapie*. Adire No 9 : 29-62.
- 56) Heller, Michel (1993). *Lieben heisst bereits missbrauchen*, Dialog: 31–56.
- 57) Heller, Michael (1993). *Wissenschaft & Psychothérapie*, Energie & Charakter, No 8: 191-201.
- 58) Heller, Michael (1993). *Unbewusste Kommunikation*. In Maul, B. (ed.) Körperpsychotherapie oder Die Kunst der Begegnung: , 163–189. Berlin: Verlag Bernhard Maul.

## 21. Detailed curriculum vitae: Michael C. Heller, Doctor in Psychology and Psychotherapist

- 59) Heller, Michael (1993). *Unconscious communication*. In Maul B. (ed.) *Body—psychotherapy or the art of contact*: 155—179. Berlin : Verlag Bernhard Maul
- 60) Heller, Michel (1993). *Le transfert*. Dans Besson Jacqueline (ed.), *Manuel d'enseignement de l'EFAPO, tome 3* : 67—124.
- 61) Heller, Michel (1992). *Corps et évaluation de psychothérapies. Un rêve à réaliser. Psychothérapies*, No 2 : 111-121.
- 62) Heller, Michel (1992). *Les émotions. un parcours littéraire pour psychothérapeutes*. Dans Besson Jacqueline (ed.), *Manuel d'enseignement de l'École Française d'Analyse Psycho-Organique, tome 2* : 12—158.
- 63) Heller, Michel (1992). *L'inconscient*. *Adire*, No. 7-8 : 95—158 ,1992.
- 64) Heller, Michel (1992). *Aimer c'est déjà mésutiliser*. *Journal Interne de Psychologie Biodynamique*, No 27 : 33—50.
- 65) Christine Lessko, Michel Heller & Véronique Haynal (1992). *Suicidal patients & facial behaviour*. Rapport de recherche du L.A.C.
- 66) Heller, Michel (1991). *Éditorial*. *Adire*, No 6 : 5 -21.
- 67) Heller, Michel (1991). *La pratique de la respiration en Psychologie Biodynamique*. Besson, Jacqueline (ed.), *Manuel d'enseignement de l'EFAPO, tome 1* : 181—243.
- 68) Heller, Michel & Lessko, Christine (1990). *Facial Behavior of suicidal patients*. *Rapport de recherche du L.A.C.* (IUPG).
- 69) Heller, Michel (1989). *Deflux et contre-transfert*. *Adire* No 4 : 99-132.
- 70) Heller Michael (1989). Darwin and the Animal Nature of the Humans. *Energy & Character*, 30, 1 : 67 – 78.
- 71) Heller, Michel (1989). Sexualité et pratique. *Journal Interne de Psychologie Biodynamique*, No 17.
- 72) Heller, Michael (1986). The eye block. *Adire*, 2 : 199-220.
- 73) Interview of Gerda Boyesen by Michael Heller: Transference in Biodynamic Psychology. *Adire*, 2 : 171-178.
- 74) Heller, Michel (1986). Le transfert. psychologie sociale, psychologie cognitive et psychothérapie. *Adire*, 2 : 43-82.
- 75) Heller, Michel (1986). Présentation du colloque. *Adire*, 2 : 3-22.
- 76) Heller, Michel (1982). La Psychologie Biodynamique hier et aujourd'hui. Rencontre à Montailleurs : 8-26. Publié par les élèves de Paris I et Genève I de la formation de psychologie Biodynamique.
- 77) Heller, Michel (1982). Regards de la psychologie sociale sur le comportement corporel. *Rencontre à Montailleurs* : 28-66. Published by the pupils of the Paris I and Geneva I training groups of Gerda Boyesen.
- 78) Heller, Michel (1982). L'œil au centre de la galaxie. *Rencontre à Montailleurs* : 248-258. Published by the pupils of the Paris I and Geneva I training groups of Gerda Boyesen.

### Interviews & Films

- 1) 2022.06.08. Radio Télévision Romande : Le Grand Soir, Mélanie Croubalian, 20.00 à 21.20 : Caroline Matteucci meets Michel Heller, psychologist, psychotherapist and author « L'Organisme Intime » Ed. L'Harmattan. » <https://www.rts.ch/audio-podcast/2022/audio/caroline-matteucci-au-fond-des-yeux-ed-slatkine-25829601.html>.
- 2) 2018.07. **Team Psychotherapy**. Présentation of 90'. *Body Psychotherapy and Challenges of Today. Alienation – Vitality – Flow*. 16<sup>th</sup> Congress of the European Association of Body Psychotherapy. Organised by the EABP and the DGK in the Free University of Berlin ([https://www.youtube.com/watch?v=KzSv\\_-n\\_u2o&t=14s](https://www.youtube.com/watch?v=KzSv_-n_u2o&t=14s))
- 3) 2017.8.17 : **État des lieux des disciplines psycho-corporelles**. Presented at the XV<sup>th</sup> congress of the *Association Professionnelle de Psychologie Biodynamique, at Aix en Provence (France) : Les Psychothérapies-Corporelles: Essence et Développement*. The film was made by the APPB. <https://www.youtube.com/watch?v=ZoUvLKk6K7I>
- 4) 2016.10.08: Filmed dialogue between Rubens Kignel and Michael Heller at the Athens EABP congress: <https://psychotherapyindialogs.org/2016/11/09/burnout-and-other-issues>.

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- 5) 2014.11. Utrecht conference for the Dutch Association of Psychology, on body psychotherapy: <https://www.youtube.com/watch?v=KjgFzcMKZns>; [https://www.youtube.com/watch?v=0kp\\_Ch4TtAl](https://www.youtube.com/watch?v=0kp_Ch4TtAl); <https://www.youtube.com/watch?v=rvmxhnpuyw0>
- 2) 2011.11.14, **Film** : *Presenting Body Psychotherapy: History, methods & concepts.* Conférence d'une journée pour l'**Institut des Psychologues des Pays Bas (NIP)**, section corps esprit, pour leur Jai-Dag annuel (the day of inspiration). <https://www.youtube.com/watch?v=KjgFzcMKZns>.
- 3) 2014.09.18, *Rubens Kignel and Michel Heller in Lisbon EABP Congress 2014.* Dialogue between colleagues structured by Dr Rubens Kignel, on using body techniques in psychotherapy. <https://www.youtube.com/watch?v=Ij2pVWeXdKM>.
- 4) 2013.05.30, **Film** : *Michel Heller sur la jeune Gerda Boyesen. 14ème Colloque de psychologie Biodynamique: Le Corps, Vecteur de Conscience.* St Jean de Sixt, France. <http://aqualide.com/f/psychotherapie/video.asp>
- 5) *An Overview of Body Psychotherapy with Michael Heller by Dr Dave (2012.11.16).* Interview on the book on body psychotherapy I published with W.W. Norton, on **Shrink Rap Radio**: <http://www.shrinkrapradio.com/2012/11/16/326-an-overview-of-body-psychotherapy-with-michael-heller-phd/>
- 6) *Serge Prengel's interviews Michel Heller on his French book on body psychotherapies (2012.12.02).* Michael Heller describes his approach of body psychotherapies that guided him when he wrote his book on Body Psychotherapy published by DeBoeck. <http://www.aqualide.com/upload/texte/text83.mp3>
- 5) *Serge Prengel's interview of Michael Heller: Michael how I use body psychotherapy with my patients (2012.12.02).* Interview in English with Serge Prengel on my clinical practice in psychotherapy: <http://somaticperspectives.com/2013/01/heller/>
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**Published comments on my ideas**

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