

**Basic Curriculum vitae:****Michael C. Heller**, Doctor in *Psychology and Psychotherapist*

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 CH-1006 Lausanne  
 Nationality : Swiss  
 Languages: French and English

**General presentation**

- Doctor in psychology and sport.
- Main activity: *Psychotherapy* (integrative body psychotherapy approach), supervision, training and analysis of *nonverbal communication*.
- Expertise. Psychotherapy, supervision and training in Body Psychotherapy. Courses in autoregulation (relaxation, massage, emotional expression, exploring of one's capacity to interact with others). Management of research programs in experimental psychology; video analysis of how teams and families interact; detailed analysis of gestures, mimics and postures. Numerous publications in French and English. Member of teams that create professional journals, management of professional organisations, organisation of congresses, and of professional committees (scientific, professional standard and ethics).
- My assets:
  - Teamwork, ease of contact.
  - Knows how to listen and understand others.
  - Autonomy and imagination.
  - A capacity to communicate, inform, teach and advise.
  - Manages teams and projects.
  - Pluridisciplinary, extended knowledge.
  - Precision.
  - Can write articles and reports.
  - Can create links between theory, scientific research and practice.

**Major publications**

2022. - Michel Heller (2022). *L'organisme intime. Approches psycho-corporelles des troubles fonctionnels*. Paris: L'Harmattan.
2017. - Michael C. Heller (2017). *Körperpsychotherapie: Geschichte – Konzepte – Methoden*. Bernhard Maul (Vorwort, Übersetzer). Gießen: Psychosozial-Verlag.
2017. - Michel Heller (2017). *La méduse ou le monde reichien de Gerda Boyesen*. Montpellier : Les Éditions Biodynamiques.
2012. - Michael C. Heller. *Body Psychotherapy: History, Concepts, and Methods*. New York: W.W. Norton. Translation by Marcel Duclos.
2008. - Michel Heller. *Psychothérapies Corporelles. Fondements et méthodes*. Louvain: de Boeck.
2001. - Michael Heller. *The Flesh of the Soul. The body we work with*. Bern: Peter Lang.

**Honorary title (2010)**

- Honorary member of the European Association of Body Psychotherapy (EABP), « for his significant contribution to body psychotherapy in general».

**Computing**

- Windows, Excel, Word, PowerPoint, Visual Basic and Frame Maker.

**Professional accreditation**

Psychologist-psychotherapist recognized in Switzerland (FSP) and the Vaud state (AVP)  
 Member of the European Association of Body Psychotherapy (EABP)  
 Member of the Swiss Association of Body-Mind Therapies (ASTP)

**Professional experience**

2021.11-now

Joins a monthly InterVision group of 2 hours with 5 psychiatrist colleagues, which meets at Dre Karin Sury Curchod's.

2018-now

- Independent psychotherapist and supervisor in Lausanne at 18 de la rue Virgile Rossel (Lausanne 1012), then since 2021 at 1 rue Voltaire with Lito Panayotopoulos, Olivia

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- Didisheim, et Evelyne Martinet (15 hours/week).
- 2018-2021  
 2016-2021  
 2014-2017  
 2013-2018  
 2000-now  
 1999-2008  
 1987-1998  
 1987-1989  
 1986-1999  
 1984-1995.  
 1980-now  
 1980-1989
- Assistant psychologist at the psychosomatic unit (UPSO) of Le Noirmont Clinic (Switzerland, state of Jura) for 60% contract, which corresponds to 50 hours a week.
  - Member of the EABP Think-Tank Committee to define the field of body psychotherapies
  - Supervisor of the multidisciplinary therapeutic staff of the psychosomatic unit (UPSO) at Le Noirmont Clinic (Switzerland, state of Jura), directed by Doctor Duc Lê Quang.
  - Supervision and psychotherapy in collaboration with Dr. Nicole Clerc (psychiatry, FMH), Lausanne. Possibility of delegated psychotherapy.
  - Training workshops in various schools of body psychotherapy and conferences in Europe, Brazil and Japan.
  - Psychologist and psychotherapist in a private practice, Lausanne.
  - Executive psychologist in the Psychiatric University Institutions of Geneva (IUPG, then HUG), and researcher for the Psychiatric department of the Geneva Medical Faculty. Head of the research *Laboratory Affect and Communication-LAC*, which focused on facial expressions during interactions between suicide attempters and their psychiatrist.
  - Group supervision in Biodynamic Psychology and Psycho-Organic Analysis, Munich (Germany).
  - Psychologist and psychotherapist (40%) in the homeopathic medical practice of doctors Ingo Schneider, Nicole Reinhardt and Dominique Probst-Lausanne. Collaboration with François Fleury (Ethno-therapy) and Marguerite Burlet (physical therapy and the Meziere technique).
  - Trainer in Europe (Austria, England, France, Germany and Switzerland) for (1) Gerda Boyesen International (GBI) in Biodynamic psychology and (2) Psycho-Organic Analysis (Paul Boyesen).
  - Conferences on nonverbal communication, body psychotherapy and cognitive psychology.
  - Psychotherapist and co-founder of the Geneva Centre of Biodynamic psychology, Chêne-Bourg; with Caroline Mercier, Alain Ringger and Françoise Werner-Enckell.

**Basic training**

- 1992  
 1989.  
 1988  
 1987.  
 1983  
 1976-1987.  
 1976-1984.  
 9.1981  
 1976  
 10.1975  
 1976-1979  
 1970-1975
- Doctoral thesis in psychology and sport, at the University of Duisburg (Germany), with Professor Siegfried Frey. Title. Postural dynamics and social status, awarded with a *summa cum laude*.
  - Obtained the right to practise psychotherapist in the Swiss state of Vaud, by the department of the interior and public health (Département de l'Intérieur et de la Santé Publique du Canton de Vaud).
  - Specialisation in the coding of facial mimics using the Facial Action Coding System (FACS), with a certificate of competence delivered by Paul Ekman and Wally Friesen, of the University of California San Francisco.
  - Recognised as a supervisor in Biodynamic psychology and Psycho-Organic Analysis.
  - Diploma in Biodynamic psychology and Psycho-Organic Analysis.
  - Training as a doctoral student in experimental social psychology at the Faculty of psychology and educational sciences (FPSE), University of Geneva, department of Professor Willem Doise.
  - Training as a doctoral student in nonverbal communication at the Faculty of Psychology, Bern University, with Siegfried Frey.
  - Certificate certifying I have finished my basic training with the *Boyesen Foundation in Biodynamic Psychotherapy and Psychodynamic Analysis* signed by Gerda Boyesen and Paul Boyesen.
  - Diploma in genetic and social psychology, at the faculty of psychology and educational sciences (FPSE), University of Geneva, department of Professor Willem Doise.
  - License in genetic (developmental) and experimental psychology, at the Faculty of psychology and educational sciences (FPSE), University of Geneva. The equivalence to à Master was obtained at the FPSE in 2010.
  - Training in Gerda Boyesen's methode.
  - Trained in experimental cognitive developmental psychology and the science of education in the Jean-Jacques Rousseau Institute of Geneva of Geneva University, by Jean Piaget's team. Discussions and seminars with Beatrice Beebe, George Downing, Philippe Rochat,

**Basic Curriculum vitae:****Michael C. Heller**, Doctor in *Psychology and Psychotherapist***Extra-professional interests**

Daniel Stern and the "Centre d'Études Familiales" (CEF) in Cery (Lausanne) have kept me in contact with recent formulations in the research on developmental psychology.

—Extended literary knowledge in literature, history, social sciences and philosophy (European and Oriental).

—Classical music.

—Body technics (Tai Chi, massage, relaxation, gymnastics, etc.)

\* A more detailed CV is available, with a list of 89 publications, 133 presentations and post-training, and my process in personal psychotherapy and supervision.