

Basic Curriculum vitae:**Michael C. Heller**, Doctor in *Psychology and Psychotherapist*

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 CH-1006 Lausanne
 Nationality : Swiss
 Languages: French and English

General presentation

- Doctor in psychology and sport.
- Main activity: *Psychotherapy* (integrative body psychotherapy approach) and analysis of *nonverbal communication*.
- Expertise. Psychotherapy practice, supervision and training, courses in autoregulation (relaxation, massage, emotional expression, exploring of one's capacity to interact with others). Management of research programs; video analysis of how teams and families interact; detailed analysis of gestures, mimics and postures. Numerous publications in French and English. Member of teams that create professional journals, direct professional organizations, organize congresses, and of professional committees (scientific, professional standard and ethic).
- My assets:
 - Team work, ease of contact.
 - Knows how to listen and understand others.
 - Autonomy and imagination.
 - A capacity to communicate, inform, teach and advise.
 - Manages teams and projects.
 - Pluridisciplinary, extended knowledge.
 - Precision.
 - Can write articles and reports.
 - Can create links between theory, scientific research and practice.

Major publications

2017. - Michael C. Heller (2017). *Körperpsychotherapie: Geschichte – Konzepte – Methoden*. Bernhard Maul (Vorwort, Übersetzer). Gießen: Psychosozial-Verlag.
2017. - Michel Heller (2017). *La méduse ou le monde reichien de Gerda Boyesen*. Montpellier : Les Editions Biodynamiques.
2012. - Michael C. Heller. *Body Psychotherapy: History, Concepts, and Methods*. New York: W.W. Norton. Translation by Marcel Duclos.
2008. - Michel Heller. *Psychothérapies Corporelles. Fondements et méthodes*. Louvain: de Boeck.
2001. - Michael Heller. *The Flesh of the Soul. The body we work with*. Bern: Peter Lang.

Honorary title (2010)

- Honorary member of the European Association of Body Psychotherapy (EABP), « for his significant contribution to body psychotherapy in general».

Computing

- Windows, Excel, Word, PowerPoint, Visual Basic and Frame Maker.

Professional accreditation

Psychologist-psychotherapist recognized in Switzerland (FSP) and the Vaud state (AVP)
 Member of the European Association of Body psychotherapy (EABP)
 Member of the Swiss Association of Body-Mind Therapies (ASTP)

Professional experience

- 2018-now
 2016-now
 2018-2021
- Independent psychotherapist and supervisor in Lausanne
 - Member of the EABP Think-Tank Committee
 - Assistant psychologist at Le Noirmont Clinic (Switzerland, state of Neuchâtel) at the psychosomatic unit (UPSO), 60%
- 2014-2018
 Supervisor of the multidisciplinary therapeutic staff of the psychosomatic unit (UPSO) at Le Noirmont Clinic (Switzerland, state of Neuchâtel), directed by Docteur Duc Lê Quang.
- 2009-2018
 ● Psychotherapy in collaboration with Dr. Nicole Clerc (psychiatry, FMH), Lausanne.

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	Possibility of delegated psychotherapy.
2000-now	<ul style="list-style-type: none"> • Training workshops in various schools of body psychotherapy and conferences in Europe, Brazil and Japan.
1980-now	<ul style="list-style-type: none"> • Conferences on nonverbal communication, body psychotherapy and Psychotherapy and cognitive psychology. • Psychologist and psychotherapist in a private practice, Lausanne.
1999-2008	
1987-1998	<ul style="list-style-type: none"> • Executive psychologist in the Psychiatric University Institutions of Geneva (IUPG, then HUG), and researcher for the Psychiatric department of the Geneva Medical Faculty. Head of the <i>Laboratory Affect and Communication-LAC</i>.
1987-1989	<ul style="list-style-type: none"> • Group supervision in Biodynamic Psychology and Psycho-Organic Analysis, Munich (Germany).
1986-1999	<ul style="list-style-type: none"> • Psychologist and psychotherapist (40%) in the homeopathic medical practice of doctors Ingo Schneider, Nicole Reinhardt and Dominique Probst-Lausanne. Collaboration with François Fleury (Ethno-therapy) and Marguerite Burlet (physical therapy and the Meziere technique).
1984-1995.	<ul style="list-style-type: none"> • Trainer in Europe (Austria, England, France, Germany and Switzerland) for (1) Gerda Boyesen International (GBI) in Biodynamic psychology and (2) Psycho-Organic Analysis (Paul Boyesen).
1980-1989	<ul style="list-style-type: none"> • Psychotherapist and co-founder of the Geneva Centre of Biodynamic psychology, Chêne-Bourg; with Caroline Mercier, Alain Ringger and Françoise Werner-Enckell.
Basic training	
1992	<ul style="list-style-type: none"> • Doctoral thesis in psychology and sport, at the University of Duisburg (Germany), with professor Siegfried Frey. Title. Postural dynamics and social status, awarded with a <i>summa cum laude</i>.
1989.	<ul style="list-style-type: none"> • Obtained the right to practice psychotherapist in the Swiss state of Vaud, by the department of the interior and public health (Département de l'Intérieur et de la Santé Publique du Canton de Vaud).
1988	<ul style="list-style-type: none"> • Specialization in the coding of facial mimics using the Facial Action Coding System (FACS), with a certificate of competence delivered by Paul Ekman and Wally Friesen.
1987.	<ul style="list-style-type: none"> • Recognized as supervisor in Biodynamic psychology and Psycho-Organic Analysis.
1983	<ul style="list-style-type: none"> • Diploma in Biodynamic psychology and Psycho-Organic Analysis.
1976-1987.	<ul style="list-style-type: none"> • Training as a doctoral student in experimental social psychology at the Faculty of psychology and educational sciences (FPSE), University of Geneva, department of Professor Willem Doise.
1976-1984.	<ul style="list-style-type: none"> • Training as a doctoral student in nonverbal communication at the faculty of Psychology, Bern University, with Siegfried Frey.
1976	<ul style="list-style-type: none"> • License to practice psychotherapy in Biodynamic psychology given by Gerda Boyesen.
1976	<ul style="list-style-type: none"> • Diploma in genetic and social psychology, at the Faculty of psychology and educational sciences (FPSE), University of Geneva, department of Professor Willem Doise.
1975	<ul style="list-style-type: none"> • License in genetic (developmental) and experimental psychology, at the Faculty of psychology and educational sciences (FPSE), University of Geneva. The equivalence to à Master was obtained at the FPSE in 2010.
1969-1974	<ul style="list-style-type: none"> • Trained in experimental cognitive developmental psychology and the science of education in the Jean Jacques Rousseau Institute of Geneva, by Jean Piaget's team. Discussions and seminars with Beatrice Beebe, George Downing, Philippe Rochat, Daniel Stern and the "Centre d'Études Familiales" (CEF) in Cery (Lausanne) have kept me in contact with recent formulations in the research on developmental psychology.
Extra-professional interests	<ul style="list-style-type: none"> - Extended literary knowledge in literature, history, social sciences and philosophy (European and Oriental). - Classical music. - Body technics (Tai-Chi, massage, relaxation, gymnastics, etc.)

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* A more detailed CV is available, with a list of 85 publications, 90 presentations and post-training.